Mark Harming
Lesson Plans

Week of: May 14th, 2012

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **7th PE/Health** | **8th PE/Health** | **AR** | **Personal Fitness** |
| **Monday** | Health-Final Substance Abuse Videos – Heroin and Cocaine | Health-Final Substance Abuse Videos – Heroin and Cocaine | Teen Biz- students will log in to Teen Biz and do today’s assignment. | Weigh In – Students will weigh in at the start of class.Fitness Testing –Core Work – |
| **Tuesday** | PE –Height and Weight Data collection. Games in gym | PE –Height and Weight Data collection. Games in gym | Group Reading – students will listen to the book “House of Sand ” .Indiv. Reading – students will read their own AR books and take AR tests. | Fitness Workout –Students will work on personalized fitness plans with help from the instructor. |
| **Wednesday** | Health-Quiz on substance abuse videos | Health-Quiz on substance abuse videos | Teen Biz- students will log in to Teen Biz and do today’s assignment. | Classroom – |
| **Thursday** | Last Day – Combined PE classes in gym/outside | Last Day – Combined PE classes in gym/outside | Last Day -  | Semester Test |
| **Friday** | No school |  |  |  |