Mark Harming  
Lesson Plans

Week of: February 20th, 2012

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|  | **7th PE/Health** | **8th PE/Health** | **AR** | **Personal Fitness** |
| **Monday** | No School |  |  |  |
| **Tuesday** | PE –  Fitness/Games – Students will complete a physical fitness workout and compete in various games. | PE –  Fitness/Games – Students will complete a physical fitness workout and compete in various games. | Group Reading – students will listen to the book “Brutal ” .  Indiv. Reading – students will read their own AR books and take AR tests. | Fitness Workout –  Students will work on personalized fitness plans with help from the instructor. |
| **Wednesday** | Health-  Chapter 21 Sections 1 and 2 quiz.  -Read Section 3 | Health-  Chapter 21 Sections 1 and 2 quiz.  -Read Section 3 | Teen Biz- students will log in to Teen Biz and do today’s assignment. | Classroom –  Assignment 6 and Discussion Question. |
| **Thursday** | PE –  Fitness/Games – Students will complete a physical fitness workout and compete in various games. | PE –  Fitness/Games – Students will complete a physical fitness workout and compete in various games. | Study Hall –  Students will work on homework or read AR books. | Fitness Workout –  Students will work on personalized fitness plans with help from the instructor. |
| **Friday** | Study Hall/PE  -all students missing assignments will have study hall. Other students will have PE. | Study Hall/PE  -all students missing assignments will have study hall. Other students will have PE. | Group Reading – students will listen to the book “Brutal”.  Indiv. Reading – students will read their own AR books and take AR tests. | Game Day –  ??? Student’s choice |